COVID-19 COMPETITOR GUIDANCE



The following important guidance is supplied to support competitors attending motorsport events:

- Stay at home if you know you have been exposed to COVID-19 in the previous 14 days, if you are showing symptoms as indicated in Government guidelines, or if you suspect you might be infected and are awaiting results of a coronavirus test
- Complete the self-declaration form electronically including the details of your team members for Test and Trace purposes; if you become ill at the Event, withdraw, notify the Organiser and contact NHS for a test
- Complete the vehicle and PPE declaration and note that Scrutineers will only be undertaking selected checks. For any doubts about compliance, contact the club scrutineer *before* the event
- Check the SRs or Final Instructions for the Judicial and Results Procedures to be adopted. All documents will be electronic including results. Appeal and Protest forms are online at https://www.motorsportuk.org/resource-centre/document-library/
- Protest and Appeal Fees are to be paid direct to Motorsport UK within 48 hours of the Event and any fines are to be paid within 7 days of the Event direct to Motorsport UK. Please call Motorsport UK 01753 765000 within these timescales to make your payments. There will be no provision at the Event to make these payments.
- If you are involved in an incident you MUST indicate to the marshal if you are OK by signalling with a thumbs-up at the front
- If you can safely exit your vehicle, do so and then stand in a suitable location
- Respect social distancing at all times
- Keep your working areas well-ventilated (e.g. do not fully enclose an awning as a working space)
- We strongly recommend the use of a face covering (e.g. mask or balaclava) when inside venue/organiser buildings or if you are unable to maintain the applicable government social distancing guidance
- Avoid touching fixed equipment including gates, barriers or benches
- Remember to take with you:
 - o PPE mask/balaclava
 - o Gloves
 - o Hand sanitiser
 - o Basic first aid kit
 - o Your own hydration/food

For further information about your specific discipline/event, visit the Motorsport UK website for more details: <u>www.motorsportuk.org/restart</u>